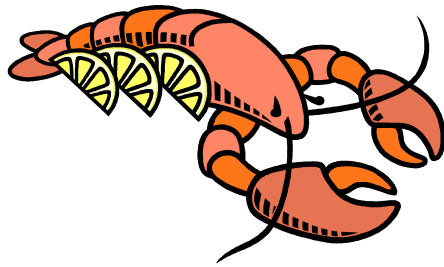


Lobster and Kayaking Weekend

July 28-30, 2023



**AMC KNUBBLE BAY CAMP,
GEORGETOWN, MAINE**

We're happy you can join us. To ensure a safe, enjoyable weekend, please read below.

We've been running this lobster weekend for 30 years now, and it's everyone's favorite. Enjoy a day's paddling on Saturday, followed by a fantastic lobster bake, and end the weekend with a half-paddle on Sunday.

COST: \$200 for AMC members (\$240 for non). Please make out a check payable to **Beal Island/KBC Committee** and mail to Gail Fensom, #7 67th Street, Newburyport, MA 01950. No refunds can be made after July 13.

MEALS: Our food is legendary. We provide Sat. and Sun. breakfast. Pack your own lunches to eat on the paddle. Saturday supper (we'll try to do it on the beach, old-fashioned style) includes everything you'd hope for: lobsters, steamers, corn, potatoes, cole slaw, dessert.

LODGING: We'll be staying in the cabin at Knubble Bay Camp (no electricity and fabulous!). Bring bedding and pillow if you'd like to sleep in the cabin (secure a spot when you register—first-come-first-served). If you prefer, you can tent outside. A hand pump is available for water. An indoor composting toilet and a functioning kitchen with refrigerator, stove and oven for your use.

If you have questions, please email Gail: gailrond@comcast.net

PADDLING LEVELS: PLEASE READ BEFORE REGISTERING

This event is organized and managed by a volunteer committee of AMC with sea kayaking experience and knowledge of the area. Safety is our primary concern, so please assess your skills honestly.

This weekend is open to Level 1, 2, and 3 paddlers. You must have experience paddling in a sea (not lake) kayak in tidal (not fresh) water, and must be able to do a wet exit.

Level 1: Advanced Beginner

Level 2: Intermediate

Level 3: Advanced

Trip Ranges and Approximate/Possible Maximum Conditions	Level 1	Level 2	Level 3
Trip Distance (miles)	5-7	8-13	14-22
Time on Water (hours)	3-4	4-5	5-7
Time Between Breaks (hours)	up to 1.5	up to 2	up to 2.5
Avg. Paddling Speed (knots/hour)	1.5 – 2.5	2-3	3-4
Wind Speed (knots)	< 10	< 15	< 20
Waves (feet)	< 1.5	< 3	< 5
Typical Current (knots)	< 1	< 2	< 3
Distance from shore (miles)	< .5	< 1	< 2
Minimum Rescue Skills and [desired]	wet exit [assisted re-entry]	all Level 1 + [self rescue] [rescue others]	all Level 2 + [in rough seas] [towing]

BOAT REQUIREMENTS:

- Ocean kayaks, rather than lake-type recreation boats, are required
- Minimum boat length 14 feet, with cockpit and front and rear bulkheads (no sit-on-tops) and non-stretch perimeter deck lines
- **KAYAK RENTAL:** A bona fide sea kayak is required. If you need one, a local outfitter can rent you everything you need (boat, sprayskirt, paddle, vest), and will deliver to the camp and pick up afterwards. Call Seaspray Kayaking at 207-404-1100, or www.seaspraykayaking.com Make sure you say you are on the AMC trip at Knubble Bay Camp and they'll give you a discount.

FRIDAY: Folks usually show up late Friday afternoon or evening. Someone will be at the cabin to greet you. Supper's on your own. There are many places to eat in Bath

and Georgetown. The cabin has a functioning kitchen with limited space for guests' food (bring a cooler?).

SATURDAY: We'll cook you a great breakfast, and head out for a paddle in the Sheepscoot River/Reid State Park area. Depending on participant makeup, we'll split into different level/interest groups—all lead by experienced kayakers.

We'll stop on a beach or island for a bring-your-own lunch, and then paddle until afternoon, return to Knubble Bay Camp, clean up (bring a sun shower!) and then enjoy a happy hour while supper is prepared.

SUNDAY: After another wonderful breakfast, we'll paddle until around noon before packing for home.

WHAT YOU SHOULD BRING:

- ❑ A sea kayak, sprayskirt, whistle and flotation vest. Spare paddle, if you have one
- ❑ Bedding. Tenting gear if you plan to sleep outside in your tent
- ❑ Flashlight, bug repellent, sunscreen, sunglasses, rain gear
- ❑ Wet or drysuit good ideas but not required. No paddling in cotton clothing
- ❑ A dry bag of extra clothes (fleece/poly) to stow in your kayak
- ❑ Drinking water, if you don't want our water
- ❑ Snacks and drinks to share, musical instruments
- ❑ Lunches for Saturday and Sunday
- ❑ If you'd like, a solar shower

WHAT YOU SHOULD LEAVE BEHIND:

- ❑ Nothing but the memory of a great time in a great place. Please practice carry-in, carry-out, and bring home your own trash.

(This is an AMC weekend. Please offer to assist in meal preparation and cleanup.)

DIRECTIONS TO KNUBBLE BAY CAMP, GEORGETOWN, ME

Follow US Rt. 1 through Bath, across the Kennebec River Bridge.

- Keep in the right-hand lane, and turn **RIGHT** just after the bridge onto Rt. 127, toward Reid State Park
- **LEFT** onto Rt. 127
- Travel 5.8 m. and turn **LEFT** onto ROBINHOOD RD. (Look for antlers on a garage)
- Travel 1 m. and take a sharp **LEFT** onto WEBBER RD. at the meetinghouse (It sneaks up on you)
- Travel 1.2 m. and take first **RIGHT** turn onto JEWETT RD. (AMC sign)

- Travel until you're sure you're lost, taking a RIGHT at each fork. The last fork is at the sign indicating the end of the town road
- Turn LEFT at the AMC sign to KNUBBLE BAY CAMP (#144)

The address is 144 Jewett Road, Georgetown, Maine.